

ABERDEEN SWIM CLUB

CODE OF CONDUCT

Expected Behavior

At all times, each ASC member will:

1. Conduct him/herself with dignity and respect for others and for the property of others
2. Comply with all team rules.
3. Respect and care for the facilities in which he/she is swimming.
4. Practice and teach good sportsmanship.
5. Promote positive team spirit and morale.
6. Offer congratulations and encouragement to his/her opponents.
7. Support his/her teammates at practice and at competition. Working together as a unit will benefit each team member and is an important part of ASC spirit.
8. Follow verbal directions of the coaching staff. At no time will disrespectful attitude by any swimmer be tolerated..
9. Respect the rights and space requirements of other groups using the swimming facility.
10. Be required to wear a team suit and team cap at all swim meets.
11. Follow the Code of Conduct at home as well as at out of town events.

Prohibited Behavior

At no times will the following be accepted:

1. Use or possession of any illegal substance (i.e. alcohol, drugs, tobacco). (See policy on reverse side.)
2. Destructive behavior.
3. Inappropriate or unruly behavior, including fighting or striking another athlete.
4. Inappropriate language (swearing or derogatory comments) or lying.
5. Stealing and vandalism.
6. Interference with the progress of another swimmer during practice or at any other time.

In addition to the above and for the security and safety of all ASC members, each swimmer will obey the following rules:

- * Swimmers are to use the designated facility areas only at practice and swim meets. All other areas are off limits unless under supervision of the coaching staff.
- * Swimmers are to arrive no earlier than 15 minutes before the scheduled practice time and are to be picked up no later than 15 minutes after the end of practice.
- * Swimmers are to use the east entrance of the Barnett Center for drop off and

pick up.

*Swimmers and family must stay only in designated areas-pool, observation hallway, and locker rooms.

*The same rules apply at the Family Aquatic Center. Please respect the rules of all the facilities that ASC utilizes.

Consequences for Violation of the Code of Conduct

This code shall be in force for all Aberdeen swimmers during practice, during swim meets, and at events sponsored by or in which Aberdeen Swim Club participates. Disciplinary actions can range from, but are not limited to; reprimands, being sent home from practice or meets at the parents' expense, expulsion from the team, being barred from competition, or receiving any other disciplinary action that the Board of Directors deems necessary if a member fails to adhere to the Code in part or in whole. The ASC Board of Directors will review infractions considered serious in nature.

In the case of drug or alcohol infractions, ASC will follow the guidelines set by the Aberdeen School District. A copy can be obtained through the ASC board or head coach.

District Policy

Violation: possession or use of tobacco or alcohol. Crime against person or property.

First violation-suspension from participation in all student activity events for 14 consecutive calendar days, or two events, whichever is greater. Not to exceed 50% of the total number of scheduled events for any one activity.

Second violation-suspension from participation in all student activity events for 42 calendar days, or six events, whichever is greater.

Third violation-suspension from participation in all student activity events for 54 consecutive calendar days, or twelve activity events, whichever is greater.

Subsequent violation-suspension from participation in all student activity events for 365 consecutive calendar days or one calendar year.

State Law (SDCL 13-32-9):

Violation: possession, use or distribution of controlled substance or marijuana.

First violation-Suspension from all extra-curricular activities for a period of 12 calendar months-365 days.

Second violation-permanent suspension from extra-curricular activity events.