

ABERDEEN SWIM CLUB
DAILY DISCIPLINE PROGRAM

INFRACTION LIST:

- 1- arriving earlier than 15 minutes before your practice time:
 - if earlier must sit in designated area until practice start time.
- 2- disrespect towards coaches/BC staff/other adults. This will not be tolerated.
- 3- abusive language, lying, stealing, and/or vandalism.
- 4- horseplay in or on facility grounds
 - running
 - throwing
 - tag
 - hide-n-seek
 - throwing water
 - moving clothes out of lockers
 - mind your own business (MYOB)
 - etc.
- 5- a swimmer leaving the pool without coaches permission.
- 6- an infraction of the ASC code of conduct.
- 7- a swimmer interfering with the progress of another swimmer (pulling on legs/not letting pass/etc.)
- 8- any equipment or property damaged or destroyed will be replaced by the swimmer.
- 9- not following all pool rules:
 - no running on deck
 - no diving into the pool without the permission of the coach
 - no pushing
 - etc.
- 10 - a swimmer on the pool deck without a coach present.
- 11- a swimmer entering the water without the permission of the coach.
- 12- a swimmer diving into the pool without the permission of the coach.

INFRACTION PROGRAM:

Name on the board = one infraction

Each check mark = one infraction

3 infractions and swimmer must leave the water and watch others swim until parents arrive to remove the swimmer. If the swimmer can drive, the parents will be notified that the swimmer is leaving practice and is on their way home.

3 times out of pool = one week suspension from practice.

5 times out of pool = two weeks suspension from practice.

6 times out of pool = season suspension from team.

OVERALL DISCIPLINE PROGRAM

*Parents are responsible for their swimmers actions/behaviors.

1. Rules:

-Code Conduct

-Facility Rules

-Infraction List

2. Consequences:

LEVEL 1: Shall deal with behavior that is somewhat disruptive; does not portray the ASC in a good light; and other actions that are not in compliance for good behavior as a member of a team or society in general. Parental supervision at all times during the next two meets that the swimmer attends. (two level 1 violations before moving to level two unless actions/behaviors warrant automatic level 2 or level 3 consequences)

LEVEL 2: Shall deal with behavior that is considered disruptive; having a detrimental effect on ones self, other members of the team, or the general public; causes significant damage to the reputation of the club and /or the coaches, leading to the possible injury of self or others. Suspension for two weeks (practice and meets).

LEVEL 3: Shall deal with the behavior that is considered very severe and disruptive, possibly life threatening and /or in direct violation of governmental laws. These are actions that are so detrimental that it is not desirable to have such a person associated with the team. Removal from the team for the remainder of the season.