



# 2017 SD SHORT COURSE STATE CHAMPIONSHIP SWIM MEET

Hosted by South Dakota LSC and Aberdeen Swim Club

March 3-5, 2017

Meet Sanction # SD201626

Time Trial Sanction # SD201627

(updated 1/31/2017)

**SANCTION:** This meet is held under the sanction of USA Swimming Inc., and South Dakota Swimming, Inc.

**RULES:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.

**LIABILITY:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming, *Aberdeen Swim Club*, and the *City of Aberdeen* shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**LOCATION:** *Aberdeen YMCA  
5 S. State St.  
Aberdeen, SD 57401*

**COURSE:** 25 Yard, 8 Lanes, 6" wave-calming dividers; Daktronics timing system with touch pads at both ends of the pool with manual backup. The competition course has not been certified in accordance with USAS Rule 104.2.2C (4).

**AUDIO/VISUAL RECORDING:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (202.3.4 E)

**Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. (103.13). Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**DECK CHANGING:** Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited (202.4.9 I).

**WATER DEPTH:** Starting end depth 12 ft.; midpoint depth 5ft; turn end depth 3.5. Turn end water depth does not meet USA Swimming minimum requirement for racing starts per Rule 103.2.3.

**FORMAT:** This will be a split meet swam as timed finals.

**START TIMES:** Teams will be notified by noon on Wednesday, March 1, 2017 of warm-up times and lane assignments. Warm-up and meet start times for Session 2, Session 4 and Session 6 listed below are estimates and may be adjusted once the meet is seeded.

**Friday March 3- Session 1**

9:00 am Warm-up A (45 min)  
9:00 am Officials Meeting  
10:00 am Meet Starts

**Friday March 3 - Session 2**

1:30 pm Warm-up A (45 min)  
2:15 pm Warm-up B (45 min)  
2:15 pm Officials Meeting  
3:00 pm Coach's Meeting  
3:15 pm Meet Starts

**Saturday March 4 - Session 3**

7:00 am Warm-up A(25 min)  
7:25 am Warm-up B(25 min)  
7:00 am Officials Meeting  
8:00 am Meet Starts

**Saturday March 4 - Session 4**

11:30 am Warm-up A (35 min)  
12:05 pm Warm-up B (35 min)  
11:50 am Officials Meeting  
12:50 pm Meet Starts

**Sunday March 5 - Session 5**

7:00 am Warm-up A(25 min)  
7:25 am Warm-up B(25 min)  
7:00 am Officials Meeting  
8:00 am Meet Starts

**Sunday March 5 - Session 6**

10:15 am Warm-up A (35 min)  
10:50 am Warm-up B (35 min)  
10:35 am Officials Meeting  
11:35 am Meet Starts

**MEETINGS:**

There will be an officials' meeting 1 hour prior to the start of each session. The timers meeting will be held 30 minutes prior to the start of each session. There will be one coaches' meeting held immediately after warm-ups prior to the start of Session 2. Additional coaches' meeting may be held at the discretion of the meet referee.

**WARMUPS:**

Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota warm-up procedures attached will be followed.

**SWIMWEAR  
RESTRICTIONS:**

Swimwear worn at South Dakota meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.

**SUPERVISION:**

A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.5.2).** Only registered coaches, swimmers, officials, timers and designated volunteers will be allowed on the pool deck.

**ELIGIBILITY:**

This is a closed meet. All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on March 3, 2017 determines the age of the swimmer for the entire meet.

First or second place finishers from the B Championship meet with less than SDQ times will receive a pass to swim the event at the SD State Championship meet. Swimmers receiving a pass will be seeded with "NT" and will be considered qualifier for relays at the State Championship meet. All other swimmers must have attained a state qualifying time from the first day of the Championship meet of the previous year and the entry deadline date for the current year's Championship Meet. Any swimmer who does not meet eligibility requirements may petition, in writing, to the seed committee to be included in this meet. The request must be completed before the entry deadline. All memberships will be checked.

**DECK**

**REGISTRATION:** On Deck Registrations will not be permitted.



**DECK ENTRIES:** Deck entries will not be allowed.

**SCORING:** Individual Scoring (1-16) – 17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1; Relay Scoring (1-8) – 34-30-28-26-24-22-20-18. All awards and scoring will be determined by the swimmer's final time. The point-scoring age groups shall be 8 & Under, 9-10, 11-12, 13-14, 15-16, 17-19. The 13-14, 15-16, 17-19, & 20/Over age groups will be seeded together and will swim together, but will be awarded and scored separately. There will be a non-scoring 20 and Over Age Group.

**PROOF OF TIMES:** A \$100 fine will be assessed for each individual or relay event in which the qualifying time standard was not met, unless the time standard can be proven with a USA Swimming sanctioned or approved meet result summary per SD Swimming Policies & Procedures 9.16.1.

**EVENT LIMIT:** Each swimmer may swim a maximum of seven (7) individual events for the meet, with no more than five (5) events per day.

**RELAYS:** Swimmers may enter each relay event. Each team is entitled to enter a minimum of one relay per event regardless of swimmers' qualifications. However, if a club enters more than one relay in an event, it may have only one (1) swimmer per relay event who has no SD Championship Meet qualifying time. Swimmers who are only eligible to swim in relay events, will be subject to SDLSC head tax. Relays for 8 & under can be a mix of all girls, all boys, or combination thereof.

**SEED COMMITTEE:** The three person committee shall include the Championship Meet Director, Referee, and a Coach of a team attending the Championship Meet whose name is randomly selected by the Meet Director prior to the meet. Errors and omissions may be corrected at the discretion of the seed committee.

**SEEDING:** Seeding priority will be short course yards (SCY), short course meters (SCM), long course meters (LCM). All events will be swum slowest to fastest.

**TIME TRIALS:** Time trials will be held at the conclusion of each session at the discretion of the Meet Referee. The following limitations shall apply:

1. The swimmer must be entered in the meet.
2. Time trials will not change awards or scores.
3. The swimmer may only swim a total of 5 individual events per day.
4. There will be no additional cost for time trials.
5. Coaches are responsible to turn in time trial requests to the Meet Director as soon as possible.
6. Time trials should be limited to those swimmers who have a reasonable chance to make their goal time.

**AWARDS:** **OVERALL STATE CHAMPION:** One individual patch is awarded to the overall champion when the swimmer first attains first place at a State Championship meet in an individual event. One relay patch is awarded to the relay champion team when the relay team swimmers first attains first place at a state championship meet in a relay event. Thereafter, each year the swimmer is awarded only the rocker when an overall first place is earned for each individual or relay event.



**INDIVIDUAL AWARDS:** Medals (1<sup>st</sup> through 8<sup>th</sup>) and Ribbons (9<sup>th</sup> through 16<sup>th</sup>) will be awarded to the top sixteen swimmers in each individual event.

**RELAYS:** Medals (1<sup>st</sup> through 8<sup>th</sup>) will be awarded in each age group.

**TEAM TROPHIES** will be awarded to the 1<sup>st</sup> through 3<sup>rd</sup> place teams.

**INDIVIDUAL HIGH POINT AWARDS:** high point awards will be awarded to the top five (5) individuals in each age group and gender.

**PERCENTAGE TROPHY** will be awarded to the team with the most points per entry, calculated after excluding relay points. Minimum of 7 individual swimmers is required to compete for the Percentage Trophy.

**JIM VORHEES SPIRIT AWARD** will be presented to the team demonstrating the best sportsmanship and team spirit at the Championship Meet. The recipients of the spirit award will be determined by a five-person committee comprised of a representative from five teams drawn at random at the beginning of the meet. This award will be given on Sunday.

**SENIOR RECOGNITION** Senior athletes will be recognized at State A during an assigned time period during the warm-up/cool-down period. Coaches will send the name(s) of their team's seniors to the Meet Director by e-mail. The Meet Director will assign a warm-up/cool-down time frame for that senior swimmer to be honored. Deadline for the senior names is the deadline of meet entries. Deadline for the senior bio forms (Exhibit 17) will be the start of the meet the day of recognition assigned.

**ENTRIES:** Teams are encouraged to submit their entries via e-mail using the Hy-Tek program. Also mail a hard copy, along with a check payable to **South Dakota Swimming, Inc.** to the address below.

Mail Entries to:

Aberdeen Swim Club  
1722 Spruce Dr.  
Aberdeen, SD 57401  
(605) 228-4930

ascstingrays@abe.midco.net

**FEES:** \$4.00 per individual event [Determined by SD Policies & Procedures RULE 9.18(1)]  
\$5.00 per relay event  
\$8.00 per swimmer facility fee [Determined by SD Policies & Procedures RULE 9.18(4)]  
\$3.00 SD Head Tax

**THERE WILL BE NO REFUND OF FEES**

Administration fee of \$20 will be collected for not using windows version of Hy-Tek.

**DEADLINE:** All entries and entry fees must be received by **6:00pm on Monday Feb. 27, 2017** following the State B Meet.

**PROTESTS:** Protests of any kind must be in writing and will only be accepted by the Referee from the team's Coach. Bothering other volunteer personnel with protests could lead to disqualification of the swimmer involved in that event or meet.

**CLERK  
OF COURSE:**

There will be no clerk of course.

**SCRATCHES:** National Scratch procedures per USA Swimming will be enforced for any events designated as Prelim/Final. A Scratch box will be located at the Meet Director's Table. Please use the forms for all scratches and deposit in the box. Please have all scratches submitted prior to

the start of specifics each day. In the event a swimmer fails to compete in an event they were not previously scratched from they will be barred from any remaining individual and relay events that day.



**TIMING:** All teams must provide timers. Along with timing, all clubs are expected to help run the timing equipment and work at the timing table. Sign-up sheets will be posted on the SD Swimming website and any time slots not filled will delay the continuation of the meet.

Each team is responsible for providing lane timers during the meet. Swimmers entered in the 500 freestyle must provide their own counters. Swimmers entered in the 1000 and 1650 must provide their own counters and timers.

**OFFICIALS:** Meet Director: James Haugen (605-290-1357) and Sheila Haugen  
Meet Referee: Edie Mueller  
Administrative Official: Joel Mann  
Head Starter: Sarah Hogg  
Head Stroke & Turn: Sarah Mann  
Meet Marshal: Scott Kuck  
Head Timers: Steve Waiflein

All Registered Officials are welcome and needed to volunteer at the Championship Meet. Meet Officials will meet the requirement of 202.3.3

This meet has been designated as an Officials Qualifying Meet (OQM) to all officials who wish to and are eligible to be evaluated for advancement or re-certification. A National Evaluator will be in attendance for certification and re-certification evaluations. Requests for evaluation should be made to the meet referee.

**CONCESSION:** A Concession Stand will be available.

**CLOTHING:** Splash Multisport will provide clothing and swim gear for sale. State Championship Meet Shirts will also be available. Preorder information will be sent out to teams.

**HOSPITALITY:** Coaches and Officials Hospitality will be provided.



## Order of Events

<b>FRIDAY - SESSION 1</b>				<b>FRIDAY - SESSION 2</b>			
<u>Girls</u>			<u>Boys</u>	<u>Girls</u>			<u>Boys</u>
1	13 & OVER	1650 Free	2	3	8 & U	100 Free	4
				5	9 – 10	200 Free	6
				7	11 – 12	200 Free	8
				9	13 & Over	200 Free	10
					5 Minute Warm-Up/Down		
					After Event 9 & After Event 10		
				11	8 & U	100 IM	12
				13	9 – 10	200 IM	14
				15	11 – 12	200 IM	16
				17	13 & Over	200 IM	18
					10 Minute Break		
				19	13 - 14	200 Freestyle Relay	20
				21	15 - 19	200 Freestyle Relay	22
<b>SATURDAY AM -SESSION 3</b>				<b>SATURDAY PM – SESSION 4</b>			
<u>Girls</u>			<u>Boys</u>	<u>Girls</u>			<u>Boys</u>
23	9 – 10	100 IM	24	58	13 – 14	200 Medley Relay	59
25	11 – 12	100 IM	26	60	15 – 19	200 Medley Relay	61
27	8 & U	25 Fly	28		10 Minute Break		
29	9 – 10	50 Fly	30	62	13 & Over	400 IM	63
31	11 – 12	50 Fly	32		5 Minute Warm-Up/Down		
33	8 & U	50 Back	34		After Event 62 & After Event 63		
35	9 – 10	100 Back	36	64	13 & Over	100 Fly	65
37	11 – 12	100 Back	38		5 Minute Warm-Up/Down		
39	8 & U	50 Breast	40		After Event 64 & After Event 65		
41	9 – 10	100 Breast	42	66	13 & Over	200 Back	67
43	11 – 12	100 Breast	44		5 Minute Warm-Up/Down		
45	8 & U	25 Free	46		After Event 66 & After Event 67		
47	9 – 10	50 Free	48	68	13 & Over	200 Breast	69
49	11 – 12	50 Free	50		5 Minute Warm-Up/Down		
		10 Minute Break			After Event 68 & After Event 69		
51	8 & U	100 Free Relay		70	13 & Over	50 Free	71
52	9 – 10	200 Free Relay	53		10 Minute Break		
54	11 – 12	200 Free Relay	55	72	13 & 14	400 Free Relay	73
		15 Minute Warm-Up/Down		74	15 - 19	400 Free Relay	75
56	11 – 12	500 Free	57		15 Minute Break		
				76	13 & Over	500 Free	77
<b>SUNDAY AM -SESSION 5</b>				<b>SUNDAY PM – SESSION 6</b>			
<u>Girls</u>			<u>Boys</u>	<u>Girls</u>			<u>Boys</u>
78	8 & U	50 Fly	79	107	13 & Over	200 Fly	108
80	9 – 10	100 Fly	81		5 Minute Warm-Up/Down		
82	11 – 12	100 Fly	83		After Event 107 & After Event 108		
84	8 & U	25 Back	85	109	13 & Over	100 Back	110
86	9 – 10	50 Back	87		5 Minute Warm-Up/Down		
88	11 – 12	50 Back	89		After Event 109 & After Event 110		
90	8 & U	25 Breast	91	111	13 & Over	100 Breast	112
92	9 – 10	50 Breast	93		5 Minute Warm-Up/Down		
94	11 – 12	50 Breast	95		After Event 111 & After Event 112		
96	8 & U	50 Free	97	113	13 & Over	100 Free	114
98	9 – 10	100 Free	99		10 Minute Break		
100	11 – 12	100 Free	101	115	13 & 14	400 Medley Relay	116
		10 Minute Break		117	15 - 19	400 Medley Relay	118

102	8 & U	100 Medley Relay				15 Minute Break	
103	9 – 10	200 Medley Relay	104	119	13 & Over	1000 Free	120
105	11 – 12	200 Medley Relay	106				

---



## SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

- 8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.**
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.
- 8.4 General Warm-ups:
- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
  - (2) Warm-ups should last a minimum of 35-minutes for 13&over or Open Sessions and a minimum of 25-minutes for 12 & Under Sessions, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
  - (3) Feet-first, seated slip-in entries to be used and allowed from either end of the competition pool only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".
- 8.5 Starts (Specific Warm-ups):
- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
  - (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
  - (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
  - (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
  - (5) There shall be one start end during warm-ups.
- 8.6 Mid-Meet Warm-ups/Cool-downs:
- (1) Swimmers must be supervised by a USA Swimming member Coach.
  - (2) There will be no diving.
  - (3) Circle swimming only.
  - (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.